

Newsletter

19th January 2026



Thank You

Thank you all for your co-operation and support during our medical emergency on Friday. We are pleased to let you know the child is doing well.

Nursery Fundraising

We are fundraising to develop our mini allotment and wildlife area.

If you have any fundraising ideas or know of any business or individual who would like to make a donation or fundraise, please let us know.

Include starchy carbohydrates to refuel.

Pack a sandwich, roll, bagel, wrap or pitta.
Why not fill it with cooked meat, eggs, cheese or tuna.

Did you know?

Sliced processed meats are higher in salt than meat you have cooked yourself. Why not use leftovers from dinner the night before?

Or how about some pasta, couscous or noodles?



CREATE A HEALTHIER PACKED LUNCH

Pack 1 portion of fruit and 1 portion of veg



Cut up grapes and tomatoes to avoid choking.



- apples
- banana
- pears
- orange
- carrot sticks
- cucumber sticks
- pepper sticks
- berries
- grapes
- tomatoes

Try to avoid fruit winders and dried fruits as these have high sugar content.

Why not add some cheese or a yoghurt?



Please grate hard cheese to avoid choking.

Occasionally



Sausage rolls, cocktail sausages and other processed meats are high in salt.



Sugary cakes and biscuits and other sweet treats.

Try to choose plain cakes and biscuits.



Remember We are a nut aware zone!



We are here to help!

OUR SAFEGUARDING TEAM

Becky, Tammy, Sarah or Jess.

If you have any concerns about the health and safety of a child attending the centre, or feel something is troubling them, please share this information with a member of the safeguarding team.

OUR OFFICE TEAM

Tammy, Suzy and Emma.

Don't forget to let us know if your child is going to be absent for any reason.

Also, any information changes - telephone numbers, address.

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Dates for your Diary

Half Term

Nursery closed
16th - 20th February

**Nursery will be
closed**

13th April 2026
19th June 2026
for staff training

Easter Holidays

Nursery closed
30th March - 10th April
13th April INSET day

Governor Corner

Sarah Fox - Co-opted Governor



I'm a primary school teacher, languages graduate and mum of two. My younger son has complex medical needs and my family has found a supportive haven in Bushy Leaze since his diagnosis. I feel very lucky to have such a fantastic centre in Alton and am keen to support its further development in any way I can. When not looking after my boys, I can be found reading, drinking too much coffee and running 5ks very slowly!



Family Support Update



Monday	You and Your Baby 10 – 11.30am Baby Massage (booking required) 1 – 2.30pm
Tuesday	You and Your Toddler 9.30 – 11am Young Parents 1 – 2.30pm
Wednesday 'NEW' Health Visitor Clinic	Bushy Tales (SEND group) 9.15 – 10.30am Health Visitor Clinic 11 – 12.30pm You and Your Baby 1 – 2.30pm
Thursday	You and Your Toddler 9.30 – 11am

Saturday Dads

SATURDAY 9.30 - 11 AM

A stay and play session for all dads and male carers with children under 5 on the first Saturday of each month

A light breakfast is provided to all families

Spring Term 2026
10th January

Little Squirrels

SATURDAY 9.30 - 11 AM

An inclusive SEND family stay and play group running every third Saturday of each month for families with children under 5

Experienced Practitioners
Social Play
Safe and Supportive Environment

Spring Term 2026